

## Kansas City DO program

These items are recommended to increase the competitiveness of your application

- Minimum 80 hours of shadowing a physician (including a DO)
- Volunteer in a health care related setting
- Work experience in a health care field (EMT, nurse, etc)
- Minimum two leadership roles in clubs/community organizations/work experience
- Involvement with a minimum of four community service organizations
- Research experience
- Domestic/international mission trip
- Commitment of more than two years to an organization/club/job