



LAWRENCE UNIVERSITY

APPLETON, WISCONSIN

Planning for a High-Impact Summer

April 29, 2021

Things to Consider: Summer 2021

- **EXPLORATION:** How can I gain exposure to healthcare or public health professions in order to explore my career interests?
- **LEARNING AND GROWTH:** How can I develop my skills and expand my own knowledge?
- **IMPACT:** How can I help others in this moment?

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JOBS AND INTERNSHIPS



Hope Street Coalition: Homelessness Data Research and Analysis Intern

- [Handshake Posting](#)
- Remote
- Paid: \$2500 for 300 hours
- Applications due May 23 at 10PM CDT



LU Social and Environmental Justice Internship Fund

- [Program Overview](#)
- In-person (Milwaukee and Appleton)
- Paid: Up to \$5K
- Applications due May 16 (Must have an internship secured by this date)
- Internship possibilities: [Walker's Point Youth & Family Center \(Teen Crisis & Runaway Program\)](#), [Pillars](#), [Pathfinders MKE](#)

Be Well Fox Valley AmeriCorps Positions (300 hours)

- [Posted Positions](#)
- In-person (Appleton)
- Paid
- [Pillars Crisis Housing Supply Specialist](#) (Application due May 7)
- [ThedaCare Health and Wellness Coordinator for the Eat Well for Life Program](#) (Rolling deadline)
- Recommendation: Bookmark page and continue to check for new opportunities

Utilizing Handshake

- ACE Summer Public Health Fellow
- Summer Nutrition Coordinator at YMCA of the North (MN)
- Summer Intern at NYU Langone Health Center for Healthcare Innovation and Delivery Science

Strong Suggestion

- Make an appointment with Jacklyn to review application materials prior to submitting your application
- Resume resource:
 - [Sample resume](#)
- Cover letter resources:
 - [Content outline](#)
 - [Sample cover letter](#)



Funding for Unpaid Internships

- [LU Experiential Learning Fund](#)
- Kasel Trust:
 - Rolling deadline
 - Students with financial need
 - Medical field internships or student projects



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VOLUNTEER SERVICE



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Potential Local Organizations

- [Fox Valley Literacy](#)
- [Pillars](#)
- [Harbor House Domestic Abuse Program](#)
- [NAMI Fox Valley](#)
- Find more via Center for Community Engagement

Other ideas

- Community pharmacies
- Free dental clinics
- COVID vaccination sites
- Mutual aid groups
- [Virtual Volunteer Opportunities](#)
 - Examples: Crisis Hotline Text Support, online tutoring, Brain Exercise Initiative for the elderly
 - [Be My Eyes](#)

Planning for a High-Impact Summer

MAKE CONNECTIONS IN YOUR FIELD OF INTEREST



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Why should I consider doing an informational interview?

- Easy/quick way to explore a career field.
- Allows you to gain further clarity and better understand pathways within your field of interest.
- Helps you gain ideas for further experiential learning in the field.
- Helps you build a network for the future that you can utilize for shadowing, job opportunities, etc.

Sample Message

Dear Dr. Smith,

My name is Alexis Alvarez and I am a junior at Lawrence University. As a student interested in veterinary medicine, I am currently trying to find ways to explore the field in greater depth. I was excited to see your profile on Lawrence's alumni LinkedIn page, and would love to learn more about your own experiences pursuing a career as a small animal veterinarian. I am sure you're incredibly busy, but would you have 30 minutes to talk via Zoom for an informational interview? Please let me know if something like this might work with your schedule in the weeks ahead.

Thank you for your time,

Alexis Alvarez
aalvarez123@lawrence.edu



Connecting with LU Alumni

- [VikingConnect](#)
 - These alumni have actively volunteered to be a resource for you!
- [LinkedIn](#)



Potential questions to ask

- What did you study in college and what were some of the most helpful things you did to prepare for professional school?
- What is your typical day like?
- What are the most important skills you use every day?
- What makes a person successful in your position?
- How has your occupation changed since you began?
- What part of your job would you like to change?
- Where do you see the future of this occupation?
- Are there things you wish you had known when researching and choosing a graduate program?
- Do you have any recommendations for gaining shadowing experience, especially right now?

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PURSUE A CERTIFICATION



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Potential Certifications

- Certified Nursing Assistant ([FVTC](#))
 - Can eventually move into Medical Assistant roles at ThedaCare in addition to CNA roles
- EMT (FVTC full for summer 2021)

Funding Opportunity

- [LU Experiential Learning Fund](#)
- Kasel Trust:
 - Rolling deadline
 - Students with financial need
 - Local certification in Fox Cities preferred
 - Funding request can include application fee, program fees, books and supplies, summer room and board, transportation costs

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CREATE YOUR OWN SUMMER LEARNING PROJECT



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Example

- Complete a special summer project with a professional in your field of interest (e.g., organize a resource library in a medical clinic, write a literature review on a topic of interest to a healthcare practitioner, etc.)

Fund Your Project

- [LU Experiential Learning Fund](#)
- Kasel Trust:
 - Rolling deadline
 - Priority: students with financial need



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OTHER IDEAS



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- Juniors: Draft your personal statement, study for the MCAT/DAT/GRE/PCAT
- Update resume and cover letter materials (and meet with Jacklyn!)
- [Explore the field medicine with a summer reading list](#)
- [Study racism as a public health issue](#)
- Connect with graduate admissions reps
- Explore healthcare careers through online lectures, TED Talks, EdX/Coursera courses, etc.

- Explore websites for your field of interest, such as:
 - [Explorehealthcareers.org](https://explorehealthcareers.org) is an excellent, up-to-date, multidimensional, peer-reviewed resource that provides great tools and information for self assessment, reflection, and career exploration
 - MD: <https://students-residents.aamc.org/>
 - Dental: <https://www.adea.org/>
 - PT: <https://www.apta.org/>
 - OT: <https://www.aota.org/>
 - Nursing: <https://nursejournal.org/careers/>
 - Pharmacy: <https://www.aacp.org/>
 - Veterinary: <https://www.aavmc.org/>

Q & A